



HOPE 4 THE WOUNDED

CONNECTING THE DOTS 4
SOCIAL EMOTIONAL LEARNING

School Consulting/Collaboration Options: Customizable Framework 4 a Comprehensive Approach to Whole Child Support & Development

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Student Engagement, Wellness, & Support

Goals/Objectives: Year One: Begin conversations focused on personal vision and empowerment toward a growth mindset. Training will be delivered through multiple methods (lecture, engagement/activities, small group discussions, individual surveys, individual personal vision statements). Follow-Up Years: Revisit surveys and personal vision statements to identify strengths and challenge points moving forward. Objective: Hope is a "trust or belief that something good is possible." Students need hope first before achievement begins. Hope begins with having a vision for one's self, so we will position students to see the relevance of their education in achieving their vision.

Vision

***Leadership Work Sessions** (Include administrators, counselors, school psychologist, curriculum, building leadership team members, and/or other identified leaders within school or district)

Goals/Objectives: Year one: Examine current systems in place and determine potential modifications or additions. Create a vision for implementing a sustainable plan with measurable outcomes. Follow-Up Years: Re-evaluate systems, goals, strengths, and challenge points.

Equipping/Training

Goals/Objectives: Increase understanding and awareness of the difference between being 'at-risk' and wounded and how trauma impacts relationships, behaviors, esteem, mental health, and/or learning. Discuss strategies that can be implemented immediately; begin the process of identifying unique strategies suitable for your culture as well as any personal and/or workplace challenge points. All training is centered on our practitioner-developed model.

Book Suggestion: **"7 Ways to Transform the Lives of Wounded Students."** H4W Resource Guide also provided for ongoing support and inspiration.

Empowerment

***Create healthy workplace cultures & focus on personal wellness** through team-building and self-care strategies.

Goals/Objectives: Having a trauma-informed culture should be inclusive of the social-emotional needs of the professionals serving youth every day. Fundamentally redesigning our workplaces to be positive, thriving communities is essential to overall wellness. **Book Suggestion:** **"Supporting the Wounded Educator: A Trauma-Sensitive Approach to Self-Care"**.

Community Collaboration & Sustainability

***Develop focus group** consisting of school and community representation & identify community resources and potential partnerships for school and family support.

***Provide parent and/or community based training events** with identified partners to cultivate a common vision and language.

Goals/Objectives: Focus group assists with keeping the vision at the forefront. Developing partnerships & including parents creates positive community engagement and involvement.